



## Parent #KindVibes E-Newsletter From Schools

**Subject: Help us help your child spread #KindVibes**

October is National Bullying Prevention Month, and here at [school], we are encouraging students to spread #KindVibes to help prevent and counter bullying and other abuse. The #KindVibes initiative is all about reminding the world around us that sending #KindVibes is the first step in preventing and countering abusive behavior.

We have also partnered with the Monique Burr Foundation for Children Inc., to create a website with resources for you as a parent, and for your child. The parent page of [kindvibes.org](http://kindvibes.org) features checklists for spotting the signs that your child is a target of bullying – plus ideas for how to address the topic in a way that will help your children open up about this difficult topic. The student page features information on how to deal with bullies and ideas for ways to spread kindness.

Children look to you and other adults in their lives, including school teachers, for guidance and security. That's why this month, we hope you will *help us help* your child. Together, we can set examples and provide information that students need to be wonderful citizens and ambassadors of kindness.

We created #KindVibes for National Bullying Prevention Month, but the truth is, we should be spreading #KindVibes all year long. So take some time to check out the parent website, and get out there and spread the #KindVibes with your child! #KindVibes start at home.

