

## **Program Overview**

MBF Athlete Safety Matters™ is a comprehensive, evidence-informed prevention education program for youth athletes in grades K-12. The program teaches athletes and adults how to prevent, recognize, and respond appropriately to the four types of child abuse (physical, emotional, sexual, neglect), bullying, cyberbullying, and digital dangers.

### **BASED ON RESEARCH**

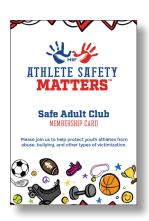
- » Comprehensive program teaches universal safety rules and strategies following recommendations of polyvictimization research
- » Uses active learning strategies and reinforcement materials
- » Age and developmentally appropriate

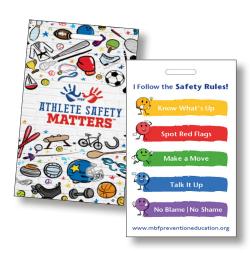
### PRACTICAL FOR ALL TYPES OF SPORTS ORGANIZATIONS

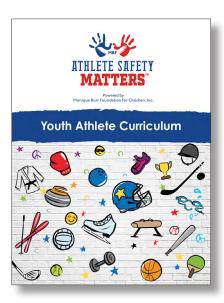
- » Easy to implement with two fun and engaging lessons for youth athletes in grade level clusters, K-2, 3-5, 6-8, and 9-12 (lesson times range from 35 55 minutes)
- » Delivered to athletes using turnkey scripts and PowerPoints by a trained Facilitator (online training available)

### HELPS SPORTS ORGANIZATIONS MEET POLICY REQUIREMENTS

» Helps sports organizations meet the requirements of the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017







#### About the Monique Burr Foundation for Children, Inc.

Founded in 1997, the Monique Burr Foundation for Children, Inc. (MBF) is a leader in protecting children. MBF provides the best comprehensive, evidence-based/evidence-informed prevention education programs that have reached over TWO MILLION children and teens since 2010: MBF Child Safety Matters® (grades K-5) and MBF Teen Safety Matters® (grades 6-8). The programs have been reviewed and endorsed by leading experts and they educate and empower children and adults to prevent, recognize, and respond appropriately to all types of child abuse, bullying, cyberbullying, and digital dangers.





# **Program Overview**

MBF Athlete Safety Matters™ is an easy-to-implement, practical program that includes materials for athletes, coaches, other staff, volunteers, and parents/guardians.

### MATERIALS FOR ATHLETES

- Two lessons for youth athletes in grade level clusters, K-2, 3-5, 6-8, and 9-12 with fun, engaging activities and videos
- Take-home reinforcement items including Sports Bag Tags and Two Safe Adult Club Membership Cards for athletes to personalize and distribute to their Safe Adults

### MATERIALS FOR FACILITATORS/ORGANIZATIONS

- Purchase includes:
  - Online Facilitator Training
  - Online access to Facilitator Scripts and PowerPoints
  - Additional content available online such as Safety Checks (pre- and post-tests, instructions, and answer keys) and additional Safety Briefs on relevant topics, such as child abuse and maltreatment, bullying/cyberbullying, and digital safety
  - Online Coach/Staff/Volunteer Training
- Additional materials available include:
  - Printed Curriculum Book containing scripts
  - Flash Drive containing PowerPoint lessons
  - Safety Rules Banner for organization



## MATERIALS FOR PARENTS/GUARDIANS/SAFE ADULTS

- Materials included with purchase, available to download from website include:
  - Parent Consent Forms
  - Parent Information & Activity Sheets
  - Online Parent Trainina
  - \*Foreign language parent/Safe Adult materials available on Facilitator Portal

### ADDITIONAL INFORMATION AND RESOURCES

- Website, www.mbfpreventioneducation.org, with information and resources for parents/guardians, coaches, staff, volunteers, and other interested community members
  - Safe Adult Club website
  - Online professional development courses
  - Safety Briefs
  - Additional worksheets and activities
- Mobile app, "Child Safety Matters," available at no cost from the App Store or Google Play, teaches parents and professionals how to better protect youth athletes