



# PROGRAM OVERVIEW

MBF After-School Safety Matters™ is a comprehensive, evidence-informed prevention education program for youth in grades K-8 in after-school programs and youth-serving organizations. The program teaches children and adults how to prevent, recognize, and respond appropriately to the four types of child abuse (physical, emotional, sexual, neglect), bullying, cyberbullying, and digital dangers.

## PRACTICAL FOR ALL TYPES OF ORGANIZATIONS

- » Easy to implement with fun and engaging lessons for youth in grade-level clusters (K-2, 3-5, and 6-8) with lesson times ranging from 35 - 55 minutes
- » Delivered to youth using turnkey, scripted lessons by a trained Facilitator (online training available)
- » Lesson topics covered include:

Lesson 1: The 5 Safety Rules

Lesson 4: Abuse

Lesson 2: Bullying

Lesson 5: Digital Safety

Lesson 3: Cyberbullying

Lesson 6: Digital Citizenship

## HELPS ORGANIZATIONS MEET LEGISLATIVE AND POLICY REQUIREMENTS

- » Helps organizations meet legislative requirements of their state and organizational policy requirements for many types of prevention education

## BASED ON RESEARCH

- » Comprehensive program follows recommendations of polyvictimization research and teaches youth 5 Safety Rules they can use in any unsafe situation
- » Uses active learning strategies and reinforcement materials
- » Age and developmentally appropriate





## PROGRAM MATERIALS

MBF After-School Safety Matters™ is an easy-to-implement, practical program that includes materials for youth, staff, volunteers, and parents/guardians.

### MATERIALS FOR YOUTH

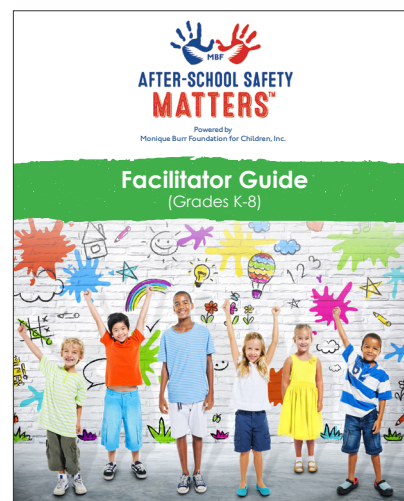
- » Six lessons for youth in grade-level clusters, K-2, 3-5, and 6-8
- » Fun, engaging activities complement the lessons

### MATERIALS FOR FACILITATORS/ORGANIZATIONS

- » Online Facilitator Training
- » Printed Curriculum Kit with lesson scripts, visual cards, and activities
- » Safety Rules Banner also available
- » Additional materials and reinforcements available on Facilitator Portal

### MATERIALS FOR PARENTS/GUARDIANS/SAFE ADULTS

- » Parent Opt-Out Forms
- » Parent Information and Activity Sheets
- » Online Parent Training



### ADDITIONAL INFORMATION AND RESOURCES

- » Information and resources for parents/guardians, coaches, staff, and other interested community members available on the MBF website, [www.mbfpreventioneducation.org](http://www.mbfpreventioneducation.org).
  - Safe Adult Club website
  - Online professional development courses
  - Safety Briefs
  - Additional worksheets and activities
- » Mobile app, "Child Safety Matters," available at no cost from the App Store or Google Play, teaches parents and professionals how to better protect youth



#### About the Monique Burr Foundation for Children, Inc.

Founded in 1997, the Monique Burr Foundation for Children, Inc. (MBF) is a leader in protecting children. MBF provides the best comprehensive, evidence-based/evidence-informed prevention education programs and have reached over TWO MILLION children and teens since 2010: MBF Child Safety Matters® (grades K-5) and MBF Teen Safety Matters® (grades 6-8). The programs have been reviewed and endorsed by leading experts and they educate and empower children and adults to prevent, recognize, and respond appropriately to all types of child abuse, bullying, cyberbullying, and digital dangers.

