



PROGRAM COMPARISON CHECKLIST

MBF Prevention Education Programs are comprehensive, evidence-based and evidence-informed, primary prevention education programs that effectively educate and empower youth and relevant adults with information and strategies to prevent the four types of child abuse (physical, emotional, sexual, and neglect), exploitation, bullying, cyberbullying, and digital abuse.

How do MBF Prevention Education Programs compare to other programs?

Use the checklist below, based on prevention best practices and NCMEC guidelines*, to compare MBF Prevention Education Programs to other programs you are currently using or may be considering.

Effective concepts and best practices in bullying & abuse prevention programs:	MBF Programs	Other Program(s)
Grounded in theory and prevention research/localizes curriculum	X	
Includes multiple lessons over a period of years with multiple reviews/homework	X	
Fosters parent, teacher, and community involvement	X	
Includes comprehensive safety topics, starting with basic safety skills for young children	X	
Includes proper training for presenters and teachers, parents and community	X	
Includes age and developmentally appropriate materials	X	
Is interactive and includes demonstration or behavior rehearsal opportunities	X	
Includes comprehensive evaluation	X	
Fosters communication between parent and child	X	
Teaches children the importance of safe adults and their responsibility for child safety	X	
Fosters responsibility in children for independence and safety, promotes self-esteem	X	
Fosters the right in children to control their bodies and protect themselves	X	
Teaches the proper reporting requirements of bullying and abuse / neglect	X	
Teaches children self-protective skills and strategies, such as saying "no"	X	
Teaches children appropriate/inappropriate touch of private body parts	X	
Teaches children about who may be potential offenders (children, adults, anyone)	X	
Teaches children and adults disclosure and reporting methods and options	X	
Teaches children abuse is never their fault	X	
Promotes social-emotional learning, bullying prevention strategies, and upstander skills	X	
Includes a separate component for special needs children	Include some accommodations	
Teaches universal strategies to prevent multiple types of victimization (polyvictimization)	X	

*Source: Guidelines for programs to reduce child victimization: A Resource for communities when choosing a program to teach personal safety to children. National Center for Missing and Exploited Children. Find the full document and other resources at www.mbfpreventioneducation.org.