

MBF Program Overview: Pre-K

MBF Prevention Education Programs are comprehensive, evidence-based and evidence-informed primary prevention programs that educate and empower youth with the MBF 5 Safety Rules[®] and strategies to help adults keep them safe.

The **MBF Child Safety Matters[®] - Pre-K** program was developed to introduce personal safety concepts to preschool children, ages 4 - 5. The lessons, provided by the Monique Burr Foundation for Children (MBF), were created and reviewed by child psychologists and early childhood educators and meet many Pre-K instructional standards. They are age- and developmentally appropriate, based on research, and include fun and engaging activities for children, as well as additional optional activities that can be used for reinforcement of the lesson content.

PROGRAM INFORMATION

MBF's Pre-K curriculum consists of four lessons based on the MBF 5 Safety Rules[®] and one optional lesson:

- Lesson 1:** General Safety Information & Safety Rule #1
- Lesson 2:** Safety Rule #2
- Lesson 3:** Safety Rules #3 and #4
- Lesson 4:** Safety Rule #5
- Lesson 5:** Bullying and Digital Safety (Optional)

The lessons follow the same familiar format as other MBF *Child Safety Matters* lessons. They are easy to deliver and require no technology to present. Each lesson is approximately 20-30 minutes and is presented using a turnkey script and visual cards. Facilitator training is available for educators and others who will present the program to children.

ADDITIONAL RESOURCES

Visit www.mbfpreventioneducation.org to find information and resources for parents/guardians, educators, youth-serving professionals, and community members, including:

- Online professional development courses
- Safety Briefs
- Lesson plans
- Additional school, classroom, and home activities

Download the "Child Safety Matters" app (available at no cost from the App Store and Google Play) to learn how to better protect children.

