

HELP SPREAD KIND VIBES! TAKE A TAB AND GIVE IT TO A FRIEND (OR SOMEONE NEW).

Learn more at MBFPreventionEducation.org

Thanks for being an upstander

Thank you for being a Safe Friend

You make a difference

The world is better because you're here

You're a good listener

Never give up

You are brave

I am grateful for you

Thank you for being YOU!

Thanks for being a great friend

love your style



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I believe in you

Thank you for being thoughtful

The world is better because you're here

You are beautiful inside and out

I love your creativity

We need more people like you in this world

You matter to me

Thank you for being a Safe Adult

Thank you for being YOU!

You are an inspiration